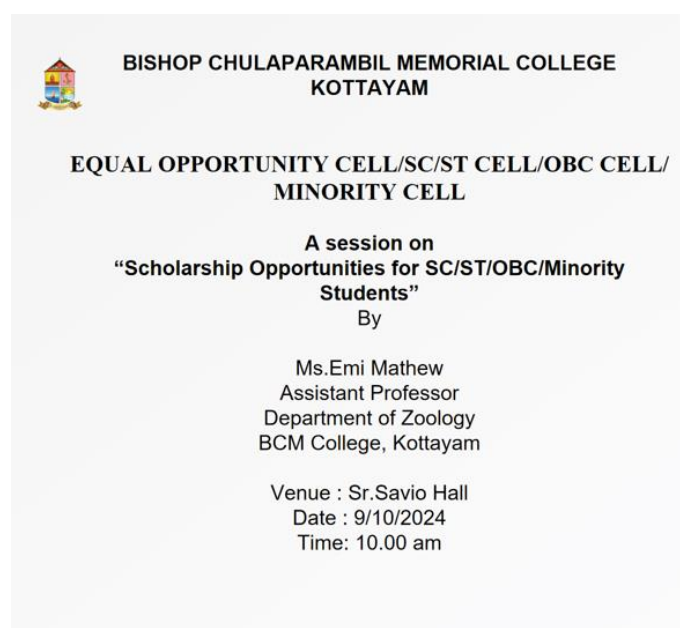




NAAC ACCREDITED WITH A+(CGPA-3.46)

## EQUAL OPPORTUNITY CELL/SC/ST CELL/OBC CELL/ MINORITY CELL

### 1. Scholarship Opportunities for SC/ST/OBC/Minority Students



**Organized by:** EQUAL OPPORTUNITY CELL/SC/ST CELL/OBC CELL/  
MINORITY CELL

**Topic:** Scholarship Opportunities for SC/ST/OBC/Minority Students

**Resource Person:** Ms. Emi Mathew, Assistant Professor, Department of Zoology,  
BCM College, Kottayam

**Venue:** Sr. Savio Hall

**Date:** 9th October 2024

**Time:** 10:00 AM

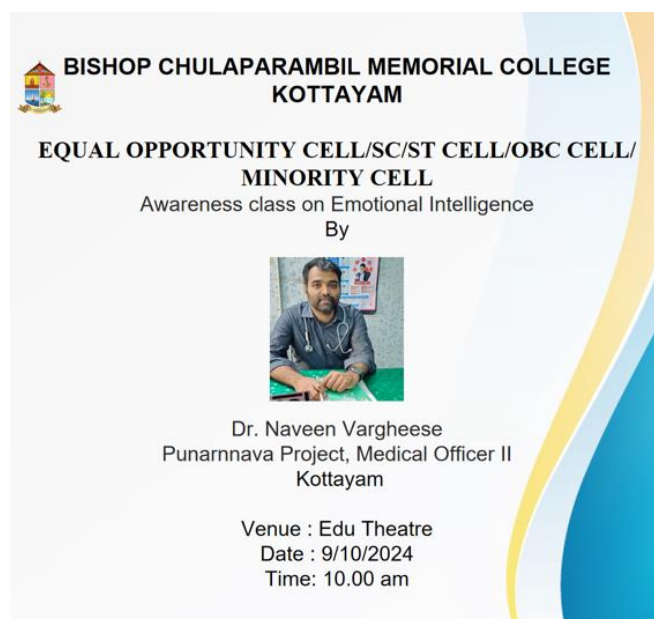
The EQUAL OPPORTUNITY CELL, in collaboration with the SC/ST CELL, OBC CELL, and MINORITY CELL, organized an informative session on "Scholarship Opportunities for SC/ST/OBC/Minority Students" on the 9th of October, 2024, at Sr. Savio Hall, BCM College, Kottayam. The session aimed to enlighten students about various scholarship opportunities available for marginalized communities to support their academic pursuits and financial needs. The event

commenced with a warm welcome address by the coordinator of the Equal Opportunity Cell. The speaker emphasized the importance of scholarships in ensuring equal educational opportunities and fostering academic excellence among students from diverse socio-economic backgrounds.

Ms. Emi Mathew, Assistant Professor, Department of Zoology, BCM College, Kottayam, conducted the session, providing valuable insights into the various scholarship programs available at the state, national, and institutional levels for SC/ST/OBC/Minority students. She elaborated on the eligibility criteria, application process, deadlines, and benefits of the Central Government Scholarships, State Government Scholarships, Institutional and Private Scholarships, UGC/AICTE-sponsored scholarships. Ms. Mathew also guided the students on how to effectively search for scholarships, avoid common mistakes in applications, and utilize online platforms for scholarship alerts. Following the presentation, a highly interactive Q and A session was conducted where students raised queries regarding document submission, renewal of scholarships, and additional financial aid options. Ms. Mathew addressed each query with clarity, ensuring that students left the session well-informed and motivated to apply for scholarships.

The session concluded with a vote of thanks delivered by a student representative, expressing gratitude to the resource person and organizers for conducting an informative and essential session. The event successfully equipped students with crucial knowledge and strategies to avail themselves of financial support for their higher education. The session on "Scholarship Opportunities for SC/ST/OBC/Minority Students" proved to be highly beneficial for students, helping them understand the various financial aids available and encouraging them to take proactive steps in securing scholarships. The initiative by the EQUAL OPPORTUNITY CELL and other organizing bodies was appreciated by the attendees, reflecting the commitment of BCM College towards educational inclusivity and empowerment.

## 2. Awareness class on Emotional Intelligence



**Organized by:** EQUAL OPPORTUNITY CELL/SC/ST CELL/OBC CELL/MINORITY CELL

**Venue:** Edu Theatre, BCM College, Kottayam

**Date:** 9th October 2024

**Time:** 10:00 AM

**Resource Person:** Dr. Naveen Vargheese, Punarnava Project, Medical Officer II, Kottayam

The Equal Opportunity Cell, along with SC/ST Cell, OBC Cell, and Minority Cell of BCM College, Kottayam, organized an awareness class on "Emotional Intelligence" on 9th October 2024 at 10:00 AM in the Edu Theatre. The session was led by Dr. Naveen Vargheese, Medical Officer II, Punarnava Project, Kottayam, who is an expert in mental health and emotional well-being. The session commenced with a welcome speech by the faculty coordinator, who emphasized the significance of emotional intelligence in modern education and workplaces. Dr. Naveen Vargheese then took over the session, providing deep insights in the areas including Understanding emotional intelligence, the role of emotions in decision-making and


behavior, Importance of self-awareness and self-regulation, Developing Emotional Intelligence Skills, Strategies to improve self-awareness and self-control and Emotional Intelligence in Daily Life. The session was made engaging through interactive discussions, case studies, and practical exercises. Students participated actively in group discussions and role-playing activities that helped them understand emotional intelligence in real-life situations.

The session concluded with a Q and A segment, where students clarified their doubts and shared their experiences. Dr. Naveen Vargheese provided valuable suggestions on how to cultivate emotional intelligence in everyday life. Students and faculty members found the session highly beneficial. The event successfully achieved its objectives, leaving participants with a greater understanding of emotional intelligence and its impact on personal and professional success. The organizing committee extended gratitude to Dr. Naveen Vargheese for his insightful session and expressed their commitment to conducting more such awareness programs in the future.





3. A session on protection of children against Sexual Exploitation

 **BISHOP CHULAPARAMBIL MEMORIAL COLLEGE  
KOTTAYAM**

**EQUAL OPPORTUNITY CELL/SC/ST CELL/OBC CELL/  
MINORITY CELL**

Awareness class on  
Protection of children against  
Sexual Exploitation

By  
Ms.Anu Grace Chacko  
Assistant Professor  
Department of Home Science  
Kottayam

Venue : Edu Theatre  
Date : 10/01/2025  
Time: 12.30 pm

**Organized by:** EQUAL OPPORTUNITY CELL / SC/ST CELL / OBC CELL /  
MINORITY CELL

**Topic:** Protection of Children Against Sexual Exploitation

**Resource Person:** Ms. Anu Grace Chacko, Assistant Professor, Department of Home  
Science, Kottayam

**Venue:** Edu Theatre, BCM College, Kottayam

**Date:** 10/01/2025

**Time:** 12:30 PM

The Equal Opportunity Cell in collaboration with SC/ST Cell, OBC Cell, and Minority Cell of BCM College, Kottayam, organized an awareness class on Protection of Children Against Sexual Exploitation on January 10, 2025, at 12:30 PM in the Edu Theatre. The session aimed to educate students and faculty members on the importance of safeguarding children from sexual abuse and exploitation while highlighting the legal and psychological aspects related to the issue. The session commenced with a warm welcome address delivered by Coordinator of Equal Opportunity Cell, who emphasized the significance of such awareness programs in educational institutions.

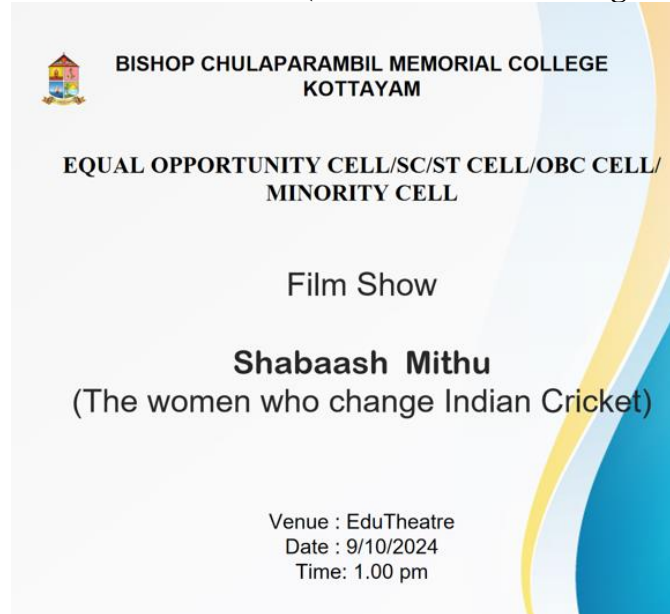
Following this, the resource person, Ms. Anu Grace Chacko, Assistant Professor, Department of Home Science, Kottayam, initiated the discussion by defining child sexual exploitation, its different forms, and its impact on victims. She explained key aspects such as understanding the role of family, educators, and society in prevention, Legal frameworks such as the POCSO Act (Protection of Children from Sexual Offences Act, 2012) and Support mechanisms available for victims. Ms. Anu Grace Chacko engaged the audience with real-life case studies and interactive discussions. She highlighted the responsibilities of teachers, parents, and community members in identifying potential threats and ensuring children's safety.

The session concluded with a Q and A session, where participants raised pertinent queries regarding child protection laws and real-life intervention strategies. The speaker addressed these concerns with valuable insights. On behalf of BCM College, Coordinator of Equal Opportunity Cell delivered the vote of thanks, appreciating Ms. Anu Grace Chacko for her enlightening session and thanking all participants for their active involvement. The awareness class successfully met its objectives, leaving the participants with enhanced knowledge and a sense of responsibility towards ensuring the safety and well-being of children.



A session on protection of children against Sexual Exploitation

4. **Film Show : Shabaash Mithu (The women who change Indian Cricket)**



**Organized by:** Equal Opportunity Cell, SC/ST Cell, OBC Cell, Minority Cell

**Date:** 9th January 2025

**Time:** 1:00 PM

**Venue:** EduTheatre

**Attendees:** College Students

The Equal Opportunity Cell, SC/ST Cell, OBC Cell, and Minority Cell of BCM College, Kottayam, collaboratively organized a special film screening of *Shabaash Mithu*, a biographical sports drama that narrates the inspiring journey of Mithali Raj, the legendary cricketer who revolutionized women's cricket in India. The event aimed to promote gender equality, empower young women, and inspire students by showcasing the struggles and achievements of a pioneering sportswoman. The screening was arranged with the objectives of highlight the challenges faced by women in sports, To inspire students, particularly young women, to pursue their dreams despite societal barriers, to foster discussions on gender equality, perseverance, and resilience and to provide an engaging and educational experience for students through visual storytelling.

The event commenced at 1:00 PM with a brief introduction by the coordinator Mr. Anil Steephen, Assistant Professor of the organizing cells. The faculty members welcomed the students and provided insights into the significance of *Shabaash Mithu* in the context of women's empowerment and sports development in India. Following the introduction, the film was screened in the EduTheatre, BCM college. The movie,

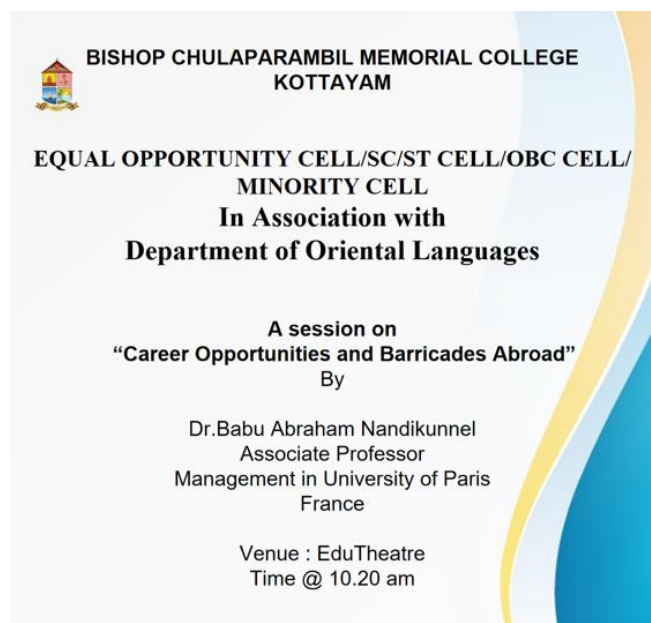
starring Taapsee Pannu as Mithali Raj, depicted the challenges, triumphs, and dedication of the Indian women's cricket team, particularly emphasizing Mithali's role in bringing women's cricket to national and international recognition.

The audience, comprising students from various departments, watched the film with keen interest. Many were deeply moved by the struggles portrayed in the movie, resonating with themes of resilience, determination, and breaking stereotypes. After the film screening, a short interactive session was held where students and faculty members shared their thoughts on the film. Several students expressed how the film motivated them to pursue their passions with dedication and to overcome obstacles with confidence. Faculty members emphasized the importance of such initiatives in raising awareness about gender equality and encouraging students to challenge societal limitations. The film show was a resounding success, providing students with an inspiring and thought-provoking experience. The event successfully met its objectives by shedding light on the struggles of women in sports and encouraging meaningful discussions on gender equality and empowerment.

The organizers expressed gratitude to the management, faculty, and students for their active participation and enthusiasm. The event reaffirmed BCM College's commitment to fostering inclusivity, equal opportunities, and empowerment through education and awareness initiatives.



## 5. A session on “Career Opportunities and Barricades Abroad”



**Organized by:** EQUAL OPPORTUNITY CELL/SC/ST CELL/OBC CELL/MINORITY CELL

**Date:** February 11, 2025

**Time:** 10:20 AM

**Venue:** EduTheatre

**Guest Speaker:** Dr. Babu Abraham Nandikunnel, Associate Professor, Management, University of Paris, France

The session on "Career Opportunities and Barricades Abroad" was successfully conducted on February 11, 2025, at 10:20 AM in the EduTheatre. The event was organized by the Equal Opportunity Cell in association with the Department of Oriental Languages. The objective of this session was to provide valuable insights to students about global career prospects, challenges faced while seeking opportunities abroad, and strategies to overcome these obstacles. The event commenced with a welcome address by the coordinator of the Equal Opportunity Cell, who emphasized the significance of exploring career opportunities on an international level. The introduction of the guest speaker, Dr. Babu Abraham Nandikunnel, was presented by a faculty member of the Department of Oriental Languages, highlighting his academic achievements and contributions to management studies at the University of Paris. Dr. Babu Abraham Nandikunnel delivered an insightful talk focusing on key aspects related to international career opportunities,

including career avenues abroad, Higher Education as a Pathway, Scholarships and funding opportunities available for international students, Challenges and Barriers Faced and Strategies for Overcoming Barricades.

Following the lecture, a highly engaging Q and A session was conducted, where students actively participated and sought clarifications on various aspects such as internship opportunities, job search strategies, and ways to adapt to new cultural environments. Dr. Nandikunnel provided practical advice and encouraged students to be proactive in their career planning. The session concluded with a vote of thanks delivered by a representative from the Department of Oriental Languages. The organizing committee expressed gratitude to Dr. Babu Abraham Nandikunnel for his valuable insights and time. Students and faculty members appreciated the session as highly informative and beneficial in guiding them toward global career aspirations. The session provided students with a deeper understanding of career prospects abroad and equipped them with strategies to navigate potential challenges. The event successfully met its objective of enlightening students about international career pathways and empowering them with the necessary knowledge to make informed decisions about their future.



**A session on “Career Opportunities and Barricades Abroad”**



**A session on “Career Opportunities and Barricades Abroad”**