

Bishop Chulaparambil Memorial College, Kottayam

Report of Anti-Ragging Committee

(2025–2026)

The Anti-Ragging Committee of BCM College was constituted for the academic year 2025–26 in accordance with the UGC Anti-Ragging Regulations, 2009. The first meeting of the committee was held on 6th June 2025. The Principal, Dr. Thomas K.V., welcomed the members and emphasized the importance of ensuring a ragging-free and safe campus through preventive measures, timely interventions, and continuous vigilance. The committee decided to update anti-ragging posters and helpline numbers across the campus, hostels, and the college website, organize awareness programmes on ragging, drug and substance abuse in June and July 2025, initiate an integrated student mentoring programme, and ensure the online submission of anti-ragging affidavits by all students. It was also agreed that periodic review meetings would be conducted to monitor the effectiveness of the planned activities.

In accordance with these decisions, an awareness and motivational programme titled *Vimukti* was conducted on 12th June 2025 by the Anti-Ragging Cell in collaboration with the Anti-Narcotic Cell of the college. The programme featured a traditional *Ottamhullal* performance by Sri V. Jayaraj, Assistant Excise Inspector, thematically centred on the ill effects of alcohol, drug abuse and the menace of ragging. The performance successfully conveyed the message through a culturally engaging medium, leaving a strong impact on the student community.

On 26th June 2025, to mark the International Day Against Drug Abuse and Illicit Trafficking, an awareness session titled '*Empowering a Drug-Free Future*' was organised jointly by the Centre for Women Empowerment, the Anti-Narcotic Cell, and the Anti-Ragging Cell. Sri A.J. Thomas, Deputy Superintendent of Police, Anti-Narcotic Cell, delivered the keynote address. He highlighted the importance of vigilance and proactive student participation in addressing drug-related and ragging issues and emphasized the need for collective responsibility in maintaining a healthy academic environment.

During the months of June and July 2025, orientation and instructions were provided for the submission of anti-ragging affidavits as per UGC guidelines. Class teachers were entrusted with ensuring compliance among continuing students, while the Admission



Committee and Heads of Departments guided newly admitted students through the process. The NEP Cell and designated NEP SAARTHIs assisted in resolving queries and providing technical support to students.

In July 2025, the college initiated an integrated student mentoring programme under the guidance of the Mentoring Cell. The programme aimed to provide peer support, strengthen teacher–student interaction, and prevent any form of ragging or bullying by fostering an inclusive and supportive campus environment.

The second meeting of the Anti-Ragging Committee was held on 14th July 2025 at 3:00 p.m. in the College Auditorium. The Principal welcomed the members, and the minutes and action taken report of the previous meeting of 6th June 2025 were read and approved. The committee held detailed discussions on the revision of activities and decided to organize more general awareness programmes on ragging. It was further resolved that students should be informed that they can contact ARC members through their helpline numbers at any time of the day if any grievance arises, and a register was to be maintained for recording such cases if reported. It was also decided that ARC meetings would continue to be held once every three months with student representatives, but in the event of any reported case, the committee should be convened immediately for enquiry and further deliberation. The Principal reiterated the importance of regular review meetings to monitor the implementation of planned activities and address emerging concerns. Following the meeting, a register was introduced in the office of the Anti-Ragging Committee for recording ragging cases if reported, in line with the decision taken on 14th July 2025.

The committee continues to review the implementation of these initiatives and remains committed to periodic evaluations to address emerging concerns effectively. The Anti-Ragging Committee has thus undertaken a series of proactive measures in line with the UGC guidelines, demonstrating the institution’s dedication to maintaining a safe, positive, and inclusive learning environment for all students during the academic year 2025–26.

Anti-Ragging Week Observation

As per the instructions from the University, Anti-Ragging Week was observed in the college during August. College Principal Prof. Dr. Thomas K.V. inaugurated the anti-ragging week on August 12th, 2025, in the college auditorium. Postgraduate, undergraduate students, teaching faculty and hostel wardens of the college were present. The Principal explained



about the availability of the support system of the college, like counselling services, helplines and the anti-ragging committee.



Oath Taking Ceremony

An oath-taking ceremony was conducted under the auspices of Principal Prof. Dr. Thomas K.V. for the class prefects on August 13, 2025, in Sr. Savio Hall. The students took an oath in the meeting to abstain from ragging in their campus life. The National Anti-Ragging Helpline number and the UGC Anti-Ragging Portal have also been introduced to the students. Priya Thomas, Anti-Ragging Committee Coordinator, announced the conduct of a poster-making competition.





Poster making competition

A poster-making competition was conducted on August 18th, 2025, in Room No. 318 to emphasize the importance of refusing to participate in or tolerate ragging in campus. The poster making aims at creating a safe and supportive environment in campus. Students actively participated in the contest.

Ms. Priya Thomas

Vice-Principal & Coordinator, Anti-Ragging Committee

Dr. Thomas K.V.

Principal & Chairman, Anti-Ragging Committee

